

Course Information

Semester & Year: Summer 2023
 Course ID & Section #: PSYCH 38 - V6373
 Instructor's name: Julia Kandus
 Day/Time of required meetings: Online Asynchronous*
 Number of proctored exams: 2
 Course units: 3



Instructor Contact Information

Office location or Online: Online
 Office hours: By appointment via Zoom
 Email address: Julia-Kandus@redwoods.edu

***This is an asynchronous "anytime" online summer course.**

This means you will be required to complete assignments, readings, quizzes/exams, and review the lecture slides each week, but the time at which you complete it throughout the week is up to you. We do not meet via Zoom since this is an anytime course. However, I am offering office hours via Zoom, and I'm happy to set up a day and time to meet that works with our schedules. Email me anytime if you'd like to schedule a Zoom office hour to ask questions and/or chat.

Since this is an 8-week summer course, it will be more fast-paced than a regular 16-week course. Be ready to complete two weeks worth of work each week!

Catalog Description

A course in the scientific study of abnormal behavior. Various theoretical frameworks to evaluate behavior will be presented including biological, psychological, and sociocultural approaches. An integrative survey of theory and research will be applied to psychological and cognitive disorders, including diagnostic criteria, prevalence, etiology, and treatment.

Course Student Learning Outcomes

1. Analyze the differences between biological and psychosocial models in explaining the etiology, diagnosis and prognosis of abnormal behavior.
2. Analyze the historical, ethical, legal and societal concerns when defining abnormal behavior.
3. Describe the DSM classification system and discuss its strengths and weaknesses.
4. Analyze research in the area of abnormal psychology and synthesize information in a written paper.

Prerequisites/co-requisites/ recommended preparation

Advisory: ENGL150 - Precollegiate Reading and Writing

College-level reading and writing skills are needed for a student to be successful in this course.

-AND-

Advisory: PSYCH1 - General Psychology

The concepts learned in Psych 1 provide a base for understanding the development, diagnosis and treatment of psychological disorders.

-OR-

Advisory: ENGL102 - Developing Reading and Writing

College-level reading and writing skills are needed for a student to be successful in this course.

-AND-

Advisory: PSYCH1 - General Psychology

The concepts learned in Psych 1 provide a base for understanding the development, diagnosis and treatment of psychological disorders.

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students \(DSPS\)](#). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Required Textbook and Materials

We'll be using Canvas and a free online textbook called NOBA.

Canvas: The syllabus, course calendar, readings, videos, grades, assignments, and lecture slides can be found on our Canvas course page. Course changes and class cancellations will all be posted on Canvas as announcements; be sure to set your email notifications as "ON" for 'Announcements' so you don't miss any important information. [Click here for a Canvas guide on how to change your notification settings.](#)

You can view your progress in the gradebook. You can download the Canvas app on your cell phone, which will notify you of upcoming due dates, posted grades, and announcements.

Computers are available to use in the library while it is open, or you can borrow a library to use at home.

Check out this website for more information: https://redwoods.libguides.com/about-the-library/laptop_loans

Questions?

- About **course content or requirements**, contact Professor Kandus.
- About Canvas, use the Help button in the main Canvas navigation bar, 24/7.

NOBA Textbook: In the interest of keeping your education affordable, your textbook is free! To access NOBA, click on the link on the Canvas Course Materials page (<http://noba.to/r6qf9c2v>). Be sure to view our course textbook and not the entire textbook, as the entire textbook has over twice as many modules. Our course textbook is titled “Abnormal Psychology” with my name, Julia Kandus, below the title. I compiled the textbook from modules written by other psychologists/authors, provided by the NOBA textbook collaboration project. Bookmark this page for easier access throughout the semester. Utilize the optional ungraded quizzes at the end of each module for extra practice. Reading quizzes posted to Canvas are graded.

Evaluation & Grading Policy

<u>Assignments</u>	<u>Points</u>	<u>Approx. %</u>
Exams	200 points total	40% of grade
Midterm Exam	100 points	
Final Exam	100 points	
Reading Quizzes	120 points total	24% of grade
Discussion Participation Activities	170 points total	34% of grade
Welcome Survey	10 points total	2% of grade
Total Points	500 points possible	100% total

A- to A = 90%-100% of possible points

C- to C+ = 70%-79% of possible points

B- to B+ = 80%-89% of possible points

D to D+ = 60%-69% of possible points

F = <60% of possible points

Final Course Grade: The percentage in your Canvas grade book at the end of the semester is the grade you earned in this course. The corresponding letter grade will be documented on your transcript. Be sure to put time and effort into this course to attempt to earn the grade you desire. Professor Kandus simply inputs the grade you earned in this course.

Explanation of Course Components

Exams

There are 2 exams scheduled throughout the semester, a midterm and a non-cumulative final. Each exam is worth 100 points, totaling 200 points of your final course grade. Questions include true/false, multiple choice, matching, labeling, and short answers. Exam dates and topics are shown on the course calendar.

The Midterm Exam opens on Monday and closes on Friday. The Final Exam opens on Monday and closes on Thursday, July 20th, since the semester is over at that time. **Exams will NOT re-open for any reason after they have closed, so be sure to take your exam during the week it is open.** If you miss the exam, you will earn a score of zero and it cannot be made up. If you miss an exam due to an emergency, contact me as soon as possible.

Scores will be posted to Canvas as soon as they are evaluated. Missed exams cannot be made up, except in the most serious of circumstances. In those events, documentation may be required. The final exam cannot be made up.

DO NOT CHEAT! Take your exams on your own. Do not share answers. Anyone involved in cheating will earn a zero on the exam, and further disciplinary measures may be implemented. You can use your notes and readings from the class, but do not use the internet to search while you are taking the exam. Have your lecture notes in front of you and stay on the exam page the entire time; if you navigate away from the exam page while you are taking the exam that is counted as cheating and you will earn a zero – yes, professors can see if you navigate away from the exam page while taking an exam on Canvas.

Accommodations for Students via DSPS:

If you have documentation from DSPS that shows you need testing extensions or other accommodations, please provide documentation to Professor Kandus **during the first week of class** so we can better support you in accessing those accommodations.

Reading Quizzes

There are 6 Reading Quizzes, worth 20 points each, totaling 120 points of your final course grade. Quizzes open on Mondays and are due on Sundays by 11:59 p.m. The reading quizzes can be found under the “Reading Quizzes” section in the Assignments tab on Canvas. Complete the readings and begin studying using the quiz. Then, review the material often, making sure you have reached mastery of the material before the due date. After you’ve reviewed the readings, retake the quiz to test your retention of the material. You can take each quiz two times the week they are due, and your highest score will be recorded in the gradebook. Each attempt has a 20-minute time limit.

Since you have an entire week and two attempts per quiz, **late Reading Quizzes are not accepted.**

Discussion Participation Activities

There are seven Discussion Participation Activities due this semester, totaling 170 points of your final course grade. Since this is an online course, you will interact with your classmates via the Discussions in Canvas. You will complete these Discussion Participation Activities each week (except for the Midterm week).

In our Initial Post, you will answer questions based on materials provided in the Instructions section on each week's Discussion page. Your Initial Post is due by Friday each week. You will then respond to (at least) two of your classmate's posts by Sunday each week. Put time and effort into your initial post and peer responses to earn full points. You can access these Discussion Participation Activities by clicking on the "Discussions" tab in Canvas.

Late Discussion Participation Activities lose 10% of total points per day late.

Welcome Survey

The Welcome Survey is the check-in assignment for this online course. You must complete the Welcome Survey by Friday during the first week of class to show that you are active. **Failure to complete the Welcome Survey in the first week of class will result in a drop from the course to make room for active students on the waitlist.**

Access the Welcome Survey in the "Assignments" tab in Canvas. This is designed to give the instructor a chance get to know a bit about you, so there are no right or wrong answers and there is no time limit. Complete each questions and put effort into your responses to earn full points. The Welcome Survey is worth 10 points toward your final course grade. .

Important Information

Plagiarism: JUST DON'T DO IT! Plagiarism is presenting someone else's words, ideas, work, concepts, and/or beliefs as your own. Plagiarism is not tolerated in this course or at any college. If you plagiarize, you will receive a 0 on that assignment. If work is shared or copied from classmates, everyone involved will receive a zero. Read and analyze your sources, think critically, then paraphrase the material using your own words. Emphasis on writing in your own words! And do your own work.

Here are some good paraphrasing tips: <https://awc.ashford.edu/cd-guidelines-for-paraphrasing.html>

Inclusivity Policy: In this class people of all ethnicities, genders and gender identities, religions, ages, sexual orientations, disabilities, socioeconomic backgrounds, and nationalities are encouraged to share their rich array of perspectives and experiences. If you feel isolated from our classroom community in any way or if you have a specific need, please speak with me as soon as possible so we can work together to help you become an active and engaged member of our class and community.

Use Appropriate Email Etiquette: When emailing, be polite! Use complete sentences, and address emails to professors and staff members using appropriate language. Remember to include your name and contact information, course information, and which section you are in if there is more than one section of the course being taught that semester. Use your school email account or the Canvas Inbox; do not email professors using your personal email.

Classmates as a Resource: Classmates are among your best learning resources. Help each other, challenge each other, and have fun learning with each other! You will have plenty of opportunities to interact with your classmates. Get each other's contact information and build a learning network for yourself. But remember to complete your work on our own.

Student Support

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

Evaluation & Grading Policy

[Should include info such as final grade calculations, rubrics, late assignment policy, and other grading practices]

Summer 2023 Dates

- May 30th: Summer Sessions Begin
- July 4th: District wide closure
- July 20th: Summer Sessions Ends

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred

Name will only be listed in Canvas. This does not change your legal name in our records. See the [Student Information Update form](#).

Canvas Information

Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class.

Log into Canvas at [My CR Portal](#)

For help logging in to Canvas, visit [My CR Portal](#).

For help with Canvas once you're logged in, click on the Help icon on the left menu.

For tech help, email its@redwoods.edu or call 707-476-4160

Canvas online orientation workshop: [Canvas Student Orientation Course \(instructure.com\)](#)

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges [Health & Wellness website](#).

[Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones.

Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Del Norte Campus Emergency Procedures

Please review the [Crescent City campus emergency map](#) for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information, see the [Redwoods Public Safety Page](#).

Eureka Campus Emergency Procedures

Please review the [campus emergency map](#) for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the [CR Police Department-Public Safety](#). It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Klamath Trinity Campus Emergency Procedures

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
 - a. Dial 911, to notify local agency support such as law enforcement or fire services.
 - b. If safe to do so, notify key administrators, departments, and personnel.
 - c. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.
 - d. Contact 530-625-4821 to notify of situation.
 - e. Contact Hoopa Tribal Education Administration office 530-625-4413
 - f. Notify Public Safety 707-476-4111.
2. In the event of an emergency, the responsible district employee on scene will:
 - a. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
 - b. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency.
 - c. Close all window curtains.
 - d. Get all inside to safe location Kitchen area is best internal location.
 - e. If a police officer or higher official arrives, they will assume command.
 - f. Wait until notice of all is clear before unlocking doors.
 - g. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
 - h. Do not leave site, unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

Student Support Services

The following online resources are available to support your success as a student:

- [CR-Online](#) (Comprehensive information for online students)
- [Library Articles & Databases](#)
- [Canvas help and tutorials](#)
- [Online Student Handbook](#)
- [Online Tutoring Resources](#)

[Counseling](#) offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- [Library Services](#) to promote information literacy and provide organized information resources.
- [Multicultural & Diversity Center](#)
- [Academic Support Center](#) – offers tutoring and test proctoring for CR students.
- [Student Tech Help](#) – provides students with assistance around a variety of tech problems.

Special programs are also available for eligible students include

- [Extended Opportunity Programs & Services \(EOPS\)](#) provides services to eligible income disadvantaged students including: textbook award, career academic and personal counseling, school supplies, transportation assistance, tutoring, laptop, calculator and textbook loans, priority registration, graduation cap and gown, workshops, and more!
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or in [Del Norte](#)
- The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- [CalWORKS](#) – assists student parents with children under the age of 18, who are receiving cash assistance (TANF), to become self-sufficient.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

Course Calendar

The Course Calendar can be found at the top of the Modules tab in our course Canvas page, titled "Course Calendar – CHECK WEEKLY!". This calendar shows the lecture topics, assigned readings, and due dates for the entire semester. It will be updated if needed to best support student's learning. Do NOT only rely on the calendar in the main navigation tab in Canvas, as this does not show all necessary information such as readings and lecture topics.